

Social Participation



EXISTING SERVICES

Norman Park Senior Center

- A multi-generational community facility providing programs and services for all ages.

(619) 409-1930

Retired and Senior Volunteer Program (RSVP)

- Provides volunteer opportunities for adults ages 55+ to serve non-profit and public agencies and health organizations. Examples include: being a docent at a museum, helping animals, joining a senior volunteer patrol, and more.

(858) 495-5769

OASIS

- Older adults are trained to tutor children in reading and provide a "listening ear" to peers.

(619) 881-6262

Glenner Center

- Specialized adult day care programs to individuals and families affected by Alzheimer's and memory impairment disease.

(619) 420-1703

Regardless of a person's age, loneliness is often as debilitating a health condition as having a chronic illness or disease. Sadness and isolation can be curbed by the availability of accessible, affordable, and entertaining social activities. Age-friendly communities provide opportunities for older adults to participate in social engagement with their peers and younger persons.

Recent and Upcoming Projects

"We Are Chula Vista" Photo Campaign

Join us as we work together to highlight the diverse people, places, and happenings that make up our community. Photos will be put on display in throughout the community.

Visit www.chulavistaca.gov/wearecv to learn more.

Chula Vista 3k Dash

Join us as we work together to create scholarships for the youth in our community! This intergenerational dash strives towards social inclusion and empowerment of all in our community! Race day is set for April 8, 2017 in coordination with Go Clean Go Green.

Visit www.chulavistaca.gov/agefriendly to learn more.

